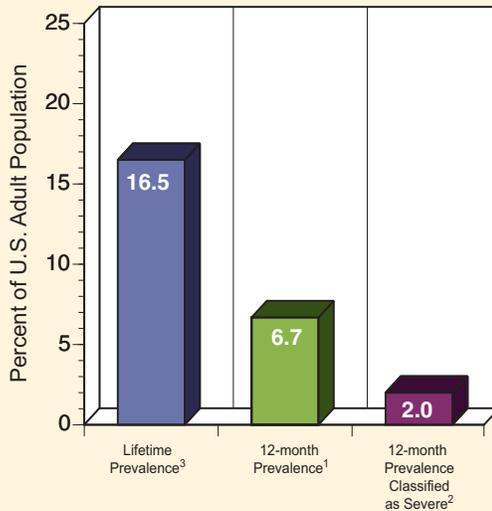


Major Depressive Disorder

Prevalence

- **12-month Prevalence:** 6.7% of U.S. adult population¹
- **Severe:** 30.4% of these cases (e.g., 2.0% of U.S. adult population) are classified as "severe"²



Demographics

(for lifetime prevalence)⁵

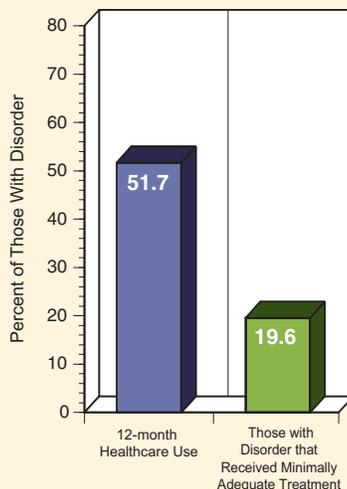
- **Sex:** Women are 70% more likely than men to experience depression during their lifetime
- **Race:** Non-Hispanic blacks are 40% less likely than non-Hispanic whites to experience depression during their lifetime
- **Age:**
 - Compared to adults over the age of 60 years, 18–29 year olds are 70% more likely to have experienced depression over their lifetime, 30–44 year olds are 120% more likely, and 45–59 year olds are 100% more likely.
 - For 12-month prevalence, 18–29 year olds are 200% more likely to have experienced depression than those ages 60+; 30–44 year olds are 80% more likely.

Average Age-of-Onset: 32 years old⁴

Treatment/Services Use⁶

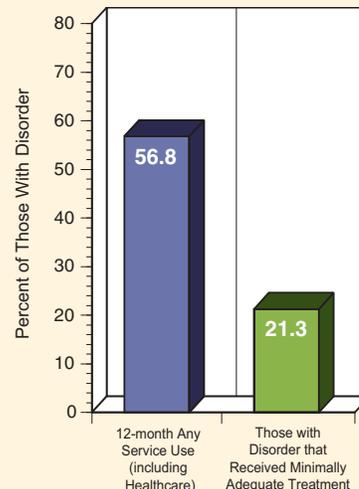
12-month Healthcare Use: 51.7% of those with disorder are receiving treatment

- **Percent Received Minimally Adequate Treatment:** 38.0% of those receiving treatment are receiving minimally adequate treatment (19.6% of those with disorder)



12-month Any Service Use (including Healthcare): 56.8% of those with disorder are receiving treatment

- **Percent Received Minimally Adequate Treatment:** 37.5% of those receiving treatment are receiving minimally adequate treatment (21.3% of those with disorder)



¹Kessler RC, Chiu WT, Demler O, Walters EE. Prevalence, severity, and comorbidity of twelve-month DSM-IV disorders in the National Comorbidity Survey Replication (NCS-R). *Archives of General Psychiatry*. 2005 Jun;62(6):617-27.

²Ibid

³Kessler RC, Berglund PA, Demler O, Jin R, Walters EE. Lifetime prevalence and age-of-onset distributions of DSM-IV disorders in the National Comorbidity Survey Replication (NCS-R). *Archives of General Psychiatry*. 2005 Jun;62(6):593-602.

⁴Ibid

⁵Kessler RC, Berglund P, Demler O, Jin R, Koretz D, Merikangas KR, Rush AJ, Walters, EE, Wang PS. The epidemiology of major depressive disorder: Results from the National Comorbidity Survey Replication (NCS-R). *Journal of the American Medical Association*. 2003 Jun;289(23):3095-3105.

⁶Wang PS, Lane M, Olfson M, Pincus HA, Wells KB, Kessler RC. Twelve month use of mental health services in the United States. *Archives of General Psychiatry*. 2005 Jun;62(6):629-640.